

TT10 Groupwork: The Story of Edward & Beth

What is driving Edward's behaviour?

- Learned behaviour
- Childhood
- Father's violence & attitudes
- abandonment issues - insecure attachment
- mother abusive
- Insecurities
- Lack of understanding of himself and partner
- Needs reassurance
- Past experiences and relationships
- Lack of trust
- Lack of confidence/ self esteem

What would be the best support for Edward/ his family

- YOS Intervention
- Youth Services - Connexions
- Couples therapy
- Parenting skills
- Counselling/ mediation
- Family group therapy
- Talking to children
- School counselling
- Individual counselling - specific to emotional abuse - leading onto couple/ family therapy
- Relate
- Assertiveness skills for him
- Expand social network for support

What is driving Beth's response?

- Her previous relationships
- Previous abusive relationship
- Fear of repetition
- attachment issues
- lack of trust